

Healthy smiles
for life



Child and Teen Dental


dentistry on unley
Quality care for every individual

At Dentistry on Unley we believe in a preventive approach to oral care. Prevention is easier and more economical than cure. The health of your teeth and gums can also impact on your general health and wellbeing.

Dental decay rates are rapidly rising. To ensure our young patients have optimum dental health for life, Dentistry on Unley is investing more time and effort into the care of our children and teenage patients. Our oral health therapists (OHTs) are specifically focused on giving your child the best head start they need to maintain a healthy smile for life.

At each examination appointment our OHT's will:

- Complete a thorough examination of the teeth and gums
- Take radiographs (x-rays) when necessary
- Highlight areas of plaque and calculus accumulation
- Train and coach in toothbrushing and oral hygiene techniques
- Remove any plaque or calculus (professional scale and clean)
- Highlight early signs of decay or gum disease
- Give individualised diet advice and preventive education on oral care
- Apply fluoride to prevent decay

Following the examination, our OHT's can provide the following procedures if required:

- Preventive fissure sealants to protect teeth from decay
- Restorations (fillings)
- Extraction (removal) of deciduous (baby) teeth
- Pulpotomies (nerve treatment of deciduous teeth)
- Stainless steel crowns (to protect the teeth after a pulpotomy)



Why should my child see an Oral Health Therapist (OHT)?

OHT's are University trained (Bachelor of Oral Health), skilled and knowledgeable in the prevention of disease and management of children's oral conditions. They have also been trained in patient and behavioural management and genuinely love to work with children and teenagers.

There are also monetary benefits when your child visits an OHT as compared to visiting a dentist. OHTs have a strong focus on preventive procedures to prevent decay and oral disease. Your child's professional scale and clean and radiographs will be provided at a reduced cost to ensure regular appointments are maintained and decay and oral disease are prevented altogether or picked up in a timely matter.

What can my child expect at their appointment?

Your child can expect a friendly and relaxed environment where they will be educated and empowered in caring for their oral health. OHTs provide individualised care and preventive advice to their patients according to their age and stage of development. Each patient will receive an oral hygiene kit, oral health report card and special giveaways. Apart from the health benefits following a professional scale and clean, they will also leave the appointment with their teeth feeling fantastic!

How long is the appointment?

An examination with an OHT is usually 30 minutes in length. Subsequent treatment and preventive procedures vary in length depending on the type of procedure required.

Are there any procedures that an OHT cannot perform?

Yes. There are certain procedures that OHTs cannot perform. These procedures include: extraction of permanent (adult) teeth, dentures, nerve treatments on permanent teeth (root canal treatment) and crowns or bridgework on permanent teeth. OHTs can care for your child and their oral health until their 18th birthday. Once your child has turned 18, they will be under the care of our dentists. OHTs will continue to play an integral role by providing preventive care appointments for your child to ensure they maintain a healthy smile for life.

What if my child needs treatment that only a Dentist can perform?

At Dentistry on Unley we believe in a team based approach to oral care. Our dentists are always available and willing to discuss any concerns you or your child may have and provide any subsequent procedures that your child may require. OHTs and dentists often collaborate their examination findings, thoughts and ideas to create the highest level of patient care possible.

Attending regularly at a young age helps to reduce the risk of decay and oral disease and builds good habits for life!

Visit these online websites for fun games and useful information:

Colgate for kids

www.colgate.com/app/Kids-World/US/HomePage.cvsp

Oral B - dental care for babies and kids

www.oralb.com.au/topics/topic-dental-care-babies-kids.aspx

Macleans for kids

www.macleans.com.au/kidstuff/kids_stuff.aspx

TePe for kids

www.tepekids.com



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